



WELCOME TO GRITS GRILL ★ ★ ★

BREAKFAST OR LUNCH SERVED ANYTIME!

TRY OUR GOURMET GRITS!

add one or all of the following to your grits
add cheddar cheese 1.79 bacon or sausage 1.99 each

✳ **TWO EGGS PLUS** two eggs, hashbrowns or grits with your choice of toast or biscuit 8.49
with bacon or sausage 11.49 with pork scrapple 14.49
with sugar cured ham 12.49

✳ **COUNTRY HAM PLATTER** two eggs, any style served with a generous slice of center-cut country ham, hashbrowns or grits with your choice of toast or biscuit 14.99

CREAMED CHIPPED BEEF thinly shaved beef in a hearty white sauce, served over toast or biscuits with your choice of hashbrowns or grits 12.99

CORNERED BEEF HASH two eggs, any style, hashbrowns or grits with your choice of toast or biscuit 13.99

✳ **GRITS GRILL WRAP** scrambled eggs, cheddar cheese and hashbrowns rolled in a warm tortilla 8.99
add bacon or sausage 1.99 each

COUNTRY SAUSAGE GRAVY our delicious country sausage gravy served over toast or biscuits with your choice of hashbrowns or grits 9.99

✳ **KISS OUR GRITS** two eggs, any style, two fluffy hot cakes, hashbrowns or grits with your choice of bacon or sausage 11.99

FRESH FRUIT PLATE (in season) a medley of seasonal fresh fruits ~ for breakfast or anytime of the day 8.49

✳ EGG CROISSANT SANDWICH

served on a fresh flaky croissant 4.99
add cheese 1.49 sausage or bacon 2.49 each

✳ **EGG BISCUIT** served on a fresh baked biscuit 3.99
add cheese 1.49 sausage or bacon 2.49 each

✳ **FRENCH TOAST** three slices of Texas toast dipped in a fresh cinnamon egg batter, grilled golden and dusted with powdered sugar 8.99 add bacon or sausage 2.49

SHRIMP & GRITS topped with bacon, green onion, country gravy and sautéed shrimp, with your choice of toast or biscuit 14.49

HOTCAKES who can resist our fluffy buttermilk pancakes served with syrup and butter short stack (2) 5.49 full stack (3) 6.99 add blueberries, pecans or chocolate chips 1.99 add bacon or sausage 2.49

BELGIAN WAFFLE homemade golden crisp waffle 7.99
add bacon or sausage 2.49
add blueberries, pecans or chocolate chips 1.99

✳ **BELGIAN WAFFLE OR FRENCH TOAST PLATTER** two slices of Texas toast dipped in fresh cinnamon egg batter with two eggs, any style, and bacon or sausage 12.99
add blueberries, pecans or chocolate chips 1.99

✳ **STEAK & EGGS** seven ounce ribeye steak grilled 'till juicy and tender, served with two eggs, any style, hashbrowns or grits with your choice of toast or biscuit (MKT Price)

SPECIALTY OMELETTES ★ ★ ★

Served with hashbrowns or grits and your choice of toast or biscuit
(no modifications please ~ don't see what you want... then create your own omelette listed below).
Substitute an egg white omelette for 1.99

SPANISH OMELETTE sausage, tomatoes, green peppers, onions, and salsa 12.99

✳ **SEAFOOD OMELETTE** succulent, juicy shrimp, crabmeat and melted Swiss cheese 18.49

GREEK OMELETTE spinach, tomato, and feta cheese 12.99

WESTERN OMELETTE ham, green peppers, onions, mushrooms and melted cheddar cheese 13.99

CREATE YOUR OWN OMELETTE

we start you off with a three egg plain omelette 8.49
add any of your favorites listed below
Add Any Item .99 each

tomatoes	onions	salsa
spinach	sour cream	green peppers
mushrooms	jalapeños	

Cheese (Swiss, American, cheddar or provolone) 1.49
Sausage, ham or bacon 1.99 each

★ ★ ★ BREAKFAST SIDES

ONE FRENCH TOAST 2.99
COUNTRY HAM 6.99
CROISSANT 2.99
HASHBROWNS OR GRITS 2.99

ONE HOT CAKE 2.99
BACON OR SAUSAGE 2.99
TOAST 1.99
FRESH BAKED BISCUIT 2.49

SCRAPPLE 7.99
CORNERED BEEF HASH 6.99
ENGLISH MUFFIN 2.49
TOASTED BAGEL (WITH CREAM CHEESE) 2.99

SAUSAGE GRAVY 3.99
CHIPPED BEEF 6.99
✳ ONE EGG 1.99
SLICED TOMATO (THREE) 2.79
SUGAR CURED HAM 3.99

✳ Consumer advisory - Items contain ingredients that may be served raw or undercooked.
Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness. ✳

SPECIALTY SANDWICHES ★ ★ ★

LUNCH OR BREAKFAST SERVED ANYTIME!

Our sandwiches are served on choice of bread with lettuce, tomato, and your choice of chips, hashbrowns, or grits substitute crinkle cut fries for 1.99 or onion rings for 3.49.

OUR HOMEMADE CHICKEN SALAD

fresh house made chicken salad with lettuce and tomato on your choice of white, wheat, or light rye bread 11.49

GRILLED CHICKEN BREAST marinated, juicy chicken breast fillet on a grilled bun 11.99

CHICKEN CAESAR WRAP grilled chicken with leaf lettuce, parmesan cheese and Caesar dressing wrapped in a fresh flour tortilla 12.49

SOUP & CRABCAKE SANDWICH

delicious Hatteras style clam chowder paired with Retta's homemade crabcake on a soft bun ~ always good because it is always made fresh 18.49

THE GRITS GRILL CLUB three slices of toasted white bread with mayo, layered with ham, turkey, crisp bacon, lettuce, tomato, Swiss and American cheese 14.99

B.L.T. crisp bacon, lettuce, tomato and mayo on your choice of toasted bread 10.99

¼ LB HOT DOG an all American favorite 6.99
add sauerkraut, chili or cheese 1.00

REUBEN corned beef, sauerkraut, melted Swiss cheese and Thousand Island dressing on grilled light rye bread 14.49

✱ **MONTE CRISTO** ham, turkey and Swiss cheese on thick sliced Texas toast, dipped in our French toast batter, grilled golden and dusted with powdered sugar 14.49

PHILLY CHEESE STEAK tender beef steak with sautéed onions, green peppers and melted provolone cheese on a grilled hoagie bun 14.49

CRABCAKE SANDWICH Retta's homemade crabcake, fried to perfection... these are the best, served with lettuce and tomato on a soft bun 16.49

EASTERN CAROLINA BBQ tender and lean pork, served with coleslaw 11.99

✱ **BEACH BURGER** six ounce, fresh ground chuck burger grilled 'til juicy 12.99
add Swiss, American, cheddar or provolone cheese 1.49
add bacon or chili to your burger 2.49 each

✱ **NAGS HEAD BURGER** six ounce ground chuck burger topped with sautéed mushrooms and melted Swiss cheese 14.99

SOUP, SALADS AND STARTERS ★ ★ ★

BLT SALAD greens topped with crisp bacon, boiled eggs, shredded cheese and croutons, served with fresh vegetables with your choice of dressing 14.99

CHEF'S SALAD a generous portion of mixed salad greens topped with ham, turkey and shredded cheese, served with fresh vegetables, boiled eggs, with your choice of dressing 14.99

HOUSE SALAD crisp, mixed salad greens with fresh vegetables and your favorite dressing 6.49

HOMEMADE SOUP OF THE DAY
ask your server about our featured soup bowl

HATTERAS STYLE CLAM CHOWDER delicious and homemade with the freshest ingredients available ~ a great choice **cup** 5.49 **bowl** 6.49

FUNNEL CAKE FRIES crisp cake-like fries dusted with powdered sugar 7.99

ONION RINGS a generous portion of thick cut, sweet onions dipped in a delicious beer batter and fried golden 8.59

MOZZARELLA STICKS mozzarella cheese sticks wrapped in an Italian seasoned breading, fried and served with marinara sauce 7.99

GRITS GRILL FAVORITES ★ ★ ★

Served with crinkle cut fries and slaw.

POPCORN SHRIMP just pop 'em in your mouth! crispy breaded, bite size pieces of shrimp served with cocktail sauce 15.49

KID'S MENU

Served with French fries (10 and under only please)

HAMBURGER 8.99 with cheese add 1.49

GRILLED CHEESE 7.99

CHICKEN TENDERS 7.99

HOT DOG 6.99



CHICKEN TENDERS tender strips of chicken breast meat lightly breaded and fried to a delicious golden brown, served with bbq sauce or honey mustard 13.99

BEVERAGES

FOUNTAIN SODAS
(Coke, Diet Coke, Sprite, Mr. Pibb, lemonade)

ICED TEA
MILK

HOT CHOCOLATE
COFFEE (regular or decaf)
JUICE small or large
(orange, apple, cranberry, grapefruit, tomato)

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